Gastonia Eagles Track & Field Team &
Duane Ross Youth Developmental Track Meet
Saturday, May 14, 2011

Ashbrook High School

2222 South New Hope Road
Gastonia, NC 28054

Meet Director: Freddie Crawford

SCHEDULE OF EVENTS

Running Events: ALL RUNNING EVENTS ARE TIMED FINALS

9:00 am 3,000 Meter Run
80/100/110 Hurdles
100M Dash
(100M for 6 &under, 7-8, 9-10 will be ran on far side of track)
800 M Run
200M Dash
4x100M Relay

In running events it will be the younger age group first, girls then boys.

Field Events

9:00 am Long Jump
High Jump (9-10 & Up)
Shot Put (7-8 & Up)
Discus (11-12 & up)

In all field events, each athlete will be given 3 attempts. There will be no finals.

INFORMATION CHART
X=EVENTS OFFERED IN AGE GROUP
*=STARTING HEIGHT

	Pee-Wee 6 & Under Birth Year (2005-under)		Primary 7-8 Birth Year (2004-2003)		Bantam 9-10 Birth Year (2002-2001)		Midget 11-12 Birth Year (2000-1999)		Youth 13-14 Birth Year (1998-1997)		Intermediate 15-16 Birth Year (1996-1995)		Young Men\Women 17-18 Birth Year (1994-1993)	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
100	X	X	X	X	X	X	X	X	X	X	X	X	X	X
200	X	X	X	X	X	X	X	X	X	X	X	X	X	X
800			X	X	X	X	X	X	X	X	X	X	X	X
3000					X	X	X	X	X	X	X	X	X	X
Hurdles							80/30”	80/30”	100/30	100/33	100/33	110/39	100/33	110/39
4x100			X	X	X	X	X	X	X	X	X	X	X	X
LJ			X	X	X	X	X	X	X	X	X	X	X	X
HJ*					3’0”	3’2”	3’4”	3’10”	4’0”	4’2”	4’2”	4’6”	4’6”	5’0”
Shot Put			X	X	X	X	X	X	X	X	X	X	X	X
Discus							X	X	X	X	X	X	X	X